

My Bestie

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Description : 32 temps, 4 murs, Novice +, Mai 2021

Musique : Iko Iko (feat. Small Jam) – Justin Wellington



#16 Count Intro

[01 – 08]: Walk Walk, Rock, Side Rock, Extended Weave, Touch Heel Bounce

1-2 Step right forward, step left forward

3&4& Rock right forward, recover weight onto left, rock right to right, recover weight onto left

5&6& Step right behind left, step left to left, cross right over left, step left to left

7&8 Touch right behind left, lift both heels, lower both heels transferring weight onto right

Option

&8 Raise right shoulder, lower right shoulder raise left shoulder

[09 – 16]: Forward Rumba Box, Back, Back, Coaster Step

1&2 Step left to left, step right beside left, step left forward

3&4 Step right to right, step left beside right, step right back

5-6 Step left back, step right back

7&8 Step left back, step right beside left, step left forward

[17 – 24]: Step ½ Pivot, Step ¼ Pivot, Vaudeville, Vaudeville

1-2 Step right forward, pivot ½ left transferring weight onto left (6:00)

Arms Push both hands to ceiling shaking hands from side to side, lower both hands

3-4 Step right forward, pivot ¼ left transferring weight onto left (3:00)

Arms Push both hands to ceiling shaking hands from side to side, lower both hands

5&6& Cross right over left, step left to left, touch right heel to right diagonal, step right beside left

7&8& Cross left over right, step right to right, touch left heel to left diagonal, step left to left

[25 – 32]: ¾ Volta Turn, Weave Sweep, ¼ Weave Touch

1& Turn ¼ right cross right over left, step left beside right (6:00)

2& Turn ¼ right cross right over left, step left beside right (9:00)

3&4 Turn ¼ right cross right over left, step left beside right, step right forward (12:00)

5&6 Cross left over right, step right to right, step left behind right sweeping right from front to back

7&8 Step right behind left, turn $\frac{1}{4}$ left step left forward. Touch right beside left (9:00)

Tag 1: After Walls 1, 3, 4

V-Step

1-2 Step right to right diagonal, step left to left

3-4 Step right back, step left together

Note Shimmy shoulders on V-Step

Tag 2: After Wall 6

V-Step, Step $\frac{1}{2}$ Pivot, Step $\frac{1}{2}$ Pivot

1-2 Step right to right diagonal, step left to left

3-4 Step right back, step left together

Note Shimmy shoulders on V-Step

5-6 Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left

7-8 Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left

(912)